

WHRN 2023
 Research Symposium
 and
 Western NSW
 Researcher of the Year
 Awards Event



Updated 28/8/23

WHRN2023 Research Symposium Programme

Date: 11 & 12 September 2023, Venue: Dubbo Regional Theatre and Convention Centre, Darling Street, Dubbo

Monday 11 September - Day One - Workshops and Awards Event

9.15am	Welcome to Country	Dubbo Local Aboriginal Lands Council member	
	Stream 1 (MR2)	Stream 2: Research Capacity Building (OR)	Stream 3: Aboriginal Research (MR1)
9.30 am	9.30am – 10.30am (60 mins) Workshop 1 - Games for learning: the rural social determinants of health board game. Dr Heather Russell & Ms Lisa Hampshire	9.30am - 10.30am (60 mins) Workshop 2 - Introduction to Program Evaluation. Dr Matt Thomas	9.30am (3hrs) Workshop 3 - Closed (mob only) workshop on Aboriginal community-led research. Hosted by Dr Emma Webster & Amy Davidson
10.30am – 11.00am	Networking & Morning Tea		
	11.00am - 12.30pm (90 mins) Workshop 4 - Consultation towards a national and international statement on rural mental health research standards, values and policy. Dr Hazel Dalton and Dr Russell Roberts	11.00am - 12.30pm (90 mins) Workshop 5 – Demystifying Rural PhD’s - How to navigate the way. Professor Julian Grant & WHRN Team	Workshop 3 continues
12.30 pm – 1.30 pm	Networking & Lunch		
1.30 pm – 4.30 pm	Workshop 6– Clinical Trials. This workshop has been withdrawn.	1.30pm - 3.30 pm (2 hrs) Workshop 7 - Writing for publication: Practical tips and tricks to see your work in print. Mr David Schmidt	1.30pm - 4.30 pm (3 hrs) Workshop 8 - How can we make research more culturally responsive? Dr Emma Webster & Amy Davidson

5.00pm - 8.00pm	Western NSW Researcher of the Year Awards event		
5 pm	Networking		
5.30 pm	Commencement - Emcee	Cheryl (Possum) Swinton Community Engagement Officer, School of Rural Health	
5.40 pm	Dance Ceremony	Local Aboriginal Lands Council	
5.50 pm	A Decade of WHRN: Advancing the quality of rural health research through networking; reflecting on our past, empowering our future	Professor Catherine Hawke WHRN Co-Chair	
5.55 pm	WHRN2023 Research Symposium Best Abstract Awards in Emerging, General, Open & Student categories	A/Professor Georgina Luscombe Chair - Scientific Committee	Prizes sponsored by Regional Workforce and Organisational Resilience Sturt Group (RWOR), Charles Sturt University.
6.10 pm	Aboriginal Health Researcher of the Year presentation	Presented by Auntie Pat Canty Bourke Health Service, Western NSW LHD	
6.20 pm	Clinical Research Leader of the Year presentation	Presentation by Mark Spittal (WNSWLHD Chief Executive)	Sponsored by the Western NSW Local Health District
6.30 pm	Emerging Researcher of the Year presentation	Presented by Western NSW Primary Health Network	
6.40 pm	Health Research Academic Leader of the Year presentation	Presented by 2022 Recipient A/Prof Melissa Nott, Three Rivers Department of Rural Health	
6.50 pm – 7.00 pm	Wrap up, special WHRN awards & acknowledgments	Catherine Hawke and Emcee	
7.00 pm – 8.00 pm	Networking & close		
Tuesday 12 September - Day Two – WHRN2023 Research Symposium Scientific Programme			
8.30 am Registrations			
8.45 am	Smoke ceremony	Local Aboriginal Lands Council member	Dubbo Local Aboriginal Lands Council
9.00 am	Introduction	Emcee Anna Noonan	PhD Candidate, University of Sydney
9.05 am	Welcome to Country	Local Aboriginal Elder	Dubbo Local Aboriginal Lands Council

9.15 am	A Decade of WHRN – Reflection on the last 10 years of WHRN and the changes in the research landscape.	Catherine Hawke and Deborah Kenna (WHRN Co-Chairs)	
9.20 am	WHRN2023 Research Symposium Official Opening	Mark Spittal	Acting Chief Executive, Western NSW Local Health District
9.35 – 10.00 am	Keynote 1	Susanne Tegen	Chief Executive, National Rural Health Alliance (NRHA)
10.00 - 10.30 am	Keynote 2 Rural Research Capacity Building Program (RRCBP)	David Schmidt	Health Education Training Institute (HETI)
10.30 - 11.00 am	MORNING TEA & NETWORKING WITH COLLEAGUES AND STUDENTS		
11.00 - 12.15 pm	CONCURRENT SESSIONS (75 mins; 4 rooms each with 5 presentations) Presentations in the main theatre will be live streamed for the online participants.		
12.15 - 1.30 pm	LUNCH & NETWORKING WITH COLLEAGUES AND STUDENTS		
1.30 - 1.55 pm	Keynote 3	Mr Tony Martin	Executive Director Aboriginal Health and Wellbeing, WNSWLHD
1.55 – 2.05 pm	Rural PhD Successes	Emcee Anna Noonan	
2.05 - 2.30 pm	Keynote 4 Harnessing Health and Medical Research for Health System Improvement	Jean-Frederic Levesque	Agency for Clinical Innovation (ACI)
2.30 - 3.15 pm	Panel Discussion Building rural research capacity and prioritising rural health research nationally.	Panel Convener: Professor Julian Grant	Keynotes plus guests <ul style="list-style-type: none"> • First Nations researchers • Auntie Patricia Canty, Bourke Health Service • Vicky Flood, Lismore Rural Clinical School • Debra Jones, Broken Hill UDRH • Mark Spittal / Mark Arnold, WNSWLHD Rep • Jean Fred Levesque - ACI / OHMR Rep • Western NSW Primary Health Network Rep • Susi Tegan
3.15 - 3.45 pm	AFTERNOON TEA & POSTER VIEWING AND VOTING		
3.45 - 4.45 pm	CONCURRENT SESSIONS - (60 mins; 4 rooms each with 4 presentations) Presentations in the main theatre will be live streamed for the online participants. See the following pages		
4.45 – 5.00 pm	Summation and Day 2 Best presentations and poster awards		Emcee & A/Prof Georgina Luscombe (Chair WHRN Scientific Committee)

TUESDAY 12th SEPTEMBER CONCURRENT SESSION
Growing our Workforce – Theatre
Chairperson
STREAMED SESSION

	Timeslot	Presenter	Abstract Title
WF1	11.00 – 11.15	A/Prof Rachel Rossiter	Building rural workforce capacity, the Western NSW Primary Health Network Nurse Practitioner Scholarship Program: A Realist Evaluation
WF2	11.15 -11:30	Dr Giti Haddadan	Nursing Student Perspectives of an Extended Nursing Placement Program in Far West NSW and Regional Victoria: A Mixed Methods Study.
WF3	11:30-11:45	Mrs Katherine Shannon	Reframing the narrative of allied health student placements - from burden to breakthrough.
WF4	11:45-midday	Dr Pip Southwell	Geographical compromise: A qualitative exploration of how medical students come to choose rural end-to-end medical training
WF5	Midday-12:15	Dr Catherine Keniry, Dr Levi Osuagwu, Dr Rajneesh Kaur	Developing research skills in a rural context: Rural medical student scholarly projects in Western NSW Health Research Network.

Acute Care Setting / Service Delivery - Oxley Room
Chairperson

	Timeslot	Presenter	Abstract Title
AC1	11.00 – 11.15	Dr Anna Thompson	Evaluation of the Western NSW LHD Virtual Rural Generalist Service (VRGS): The patient and clinician experience
AC2	11.15 -11:30	Mrs Sally Butler	Geographic variation in emergency department presentations among youth (10-24 years), NSW 2019: an epidemiological study
AC3	11:30-11:45	Dr Fatemeh Emadi	Remote medication-related interventions to reduce the hospital readmission rate: A systematic review
AC4	11:45-midday	Dr Peter Lin	"Staying afloat on shifting sands": Qualitative research exploring the lived experience of caregivers navigating palliative care in their rural settings
AC5	Midday-12:15	Ms Bec Davis	Post-Traumatic Growth and Cancer Survivorship: Experiences of Living with Treatment-Related Impairment

**Mental Health / Community Engagement
Macquarie Room 1**
Chairperson

	Timeslot	Presenter(s)	Abstract Title
MHC1	11.00 – 11.15	Ms Clare Sutton	An Evaluation of Victoria’s Forest Fire Management frontline leader’s “Leading for Better Mental Health program”

MHC2	11.15 -11:30	Mrs Jennifer Coote	Peer navigation pilot - improving rural mental health outcomes
MHC3	11:30-11:45	Victoria Lovecchio and Steven Cavanagh	The Three Rivers: A collaborative project to create healing environments in the child and adolescent mental health settings.
MHC4	11:45-midday	Mrs Amy Townsend	The Ironbark Project (Healthy Communities/Aboriginal Elders/Social Groups)
MHC5	Midday-12:15	Ms Peta Andreone	Strengthening local health committees in regional NSW
Student Stream - Macquarie Room 2		Chairperson	
	Timeslot	Presenter	Abstract Title
SP1	11.00 – 11.15	Ms Rowena McGeoch	Scoping the uses and effectiveness of virtual reality therapy in addressing physical and psychosocial aspects of palliative care in rural communities
SP2	11.15 -11:30	Dr Antonia Clarke	A nationwide prevalence study to understand the dementia experience and its intersection with rurality in Aboriginal and Torres Strait Islander peoples.
SP3	11:30-11:45	Mrs Catherine Wilson	Patient outcomes after trauma in Western NSW Local Health District.
SP4	11:45-midday	Mr Alex Hormann	Bridging the Gap: School-Based Health Centres and Adolescent Healthcare Access in Rural Australia
SP5	Midday-12:15	Mr John McQueen	How do General Practice and Rural Generalist registrars training in the Western NSW Local Health District footprint choose to pursue this pathway?
TUESDAY 12th SEPTEMBER CONCURRENT SESSION 2			
Trials - Theatre		Chairperson	
STREAMED SESSION			
	Timeslot	Presenter	Abstract Title
TL1	3.45-4.00	Dr John Lawson	Decentralised Clinical Trials: a literature review. What is working, ,,,,,and what needs work!
TL2	4.00-4.15	A/Prof Rob Zielinski & Ms Katherine Smith	Virtual reality as an education tool for people with cancer undergoing immunotherapy: a protocol for a pilot study in a regional setting
TL3	4.15-4.30	Dr Ros Muirhead	PreBabe: Can a pre-conception weight loss program improve maternal and infant outcomes for women with overweight or obesity? A randomised controlled trial
TL4	4.30-4:45	Ms Shania Liu	Effect of a pharmacist-led opioid tapering intervention before total hip or knee arthroplasty: a randomised clinical trial

Disability & Aged Care – Macquarie Room 1			Chairperson
	Timeslot	Presenter	Abstract Title
DAC1	3.45-4.00	Mrs Alison Devitt	Help to make virtual care better for people with intellectual disability
DAC2	4.00-4.15	Ms Molly Banks	Communication Accessible Healthcare: Co-designing Communication Access Solutions in two Regional Services
DAC3	4.15-4.30	Ms Deborah Magee Dr Holly Randell-Moon	Using critical ethnography to explore culturally safe practice by the interdisciplinary team in residential aged care – candidate and supervisor perspectives
DAC4	4.30-4:45	Dr Jodie Kleinschafer	The impact of climate change on the delivery of home care services: Using research to empower rural providers to manage work conditions during heat waves
Reproductive / Paediatrics - Oxley Room			Chairperson
	Timeslot	Presenter(s)	Abstract Title
RP1	3.45-4.00	Ms Anna Noonan	Stuck in the outback without service: finding abortion pathways in rural Australia
RP2	4.00-4.15	A/Prof Marjan Khajehei	Clinical outcomes and cost-effectiveness of large-scale midwifery-led, paediatrician-overseen home phototherapy and neonatal jaundice surveillance: implications for rural health practice
RP3	4.15-4.30	Ms Cathie Matthews	Advancing rural children’s communication for the future by partnering with parents, early childhood educators, Child and Family Health Nurses, a feasibility and acceptability study.
RP4	4.30-4:45	Dr Pip Southwell	It takes a village: Partnering to improve access to newborn resuscitation training across the WNSWLHD
Student Abstracts - Macquarie Room 2			Chairperson
	Timeslot	Presenter	Abstract Title
SP6	3.45-4.00	Miss Rebecca Janssen	Diabetes Education Webpages: Assessing quality, readability and relevance to rural Australian men.
SP7	4.00-4.15	Miss Emily Quick	“We Still Never Knew About Radiation or Anything” – A Qualitative Analysis of the Radiation Therapy Experiences of Aboriginal Men in Western New South Wales
SP8	4.15-4.30	Miss Ashley Masters	Eating disorders and disordered eating in First Nations Peoples in high-income, colonial settler countries: a scoping review
SP9	4.30-4:45	Mr Kevin Cao	Virtual emergency care in Western New South Wales: a cross-sectional study of vCare

Poster Presentations			
ID	Name	Organisation	Title
PP1	Mr Siddharth Adityan	School of Rural Health, University of Sydney.	Working harder, not smarter: A retrospective audit of occupational injuries presenting to the rural emergency department.
PP2	Ms Isabelle Allworth	School of Rural Health, University of Sydney.	Exploring participants satisfaction with eHealth intervention for low back pain and knee osteoarthritis: enhancing physiotherapy access in rural Australia
PP3	Dr Dilli Banjade	District Radiation Oncology Service, WNSW LHD	Expansion of modern radiotherapy service to provide equitable access of cancer treatment to the community of Western NSW
PP4	Ms Karin Birkner	University of Sydney	Piloting the Baby Buddy App in Western NSW Local Health District
PP5	Mr Alexander Burke	University of Sydney	Exploring First Nations' and cultural safety content of Pharmacy curricula with academics in Australia
PP6	Ms Zoe Clarke	Western Cancer Centre Dubbo, WNSW Local Health District	Medical Imaging Simulated Radiation Therapy: Improving access to palliative Radiation Therapy in WNSWLHD
PP7	Mr Maurice Chow	Broken Hill UDRH, University of Sydney.	Evidence for interventions in children with high blood lead levels – a scoping review.
PP8	Ms Lizzie Del Gigante	School of Rural Health, University of Sydney.	Investigating factors associated with the uptake of specialty positions by Sydney Medical School graduates: a retrospective analysis.
PP9	Ms Madeline Dyall	School of Rural Health, University of Sydney.	Fatigue-related incidents and prevention strategies in Australian grain farming: a mixed-methods feasibility study.
PP11	Miss Elizabeth Hall	University of Sydney	Evaluating the feasibility and acceptability of a Community Garden Cooking Program in Bourke.
PP12	Mr Mohammad-Tarek El-Hamawi	Bathurst Rural Clinical School, Western Sydney University	Surgical National Antimicrobial Prescribing Survey: An Audit of Bathurst Hospital
PP13	Miss Stephanie Harman	Charles Sturt University	Equitable Allied Health Service.
PP14	Ms Ann-Maree Hartley	Charles Sturt University	How labelling social media youth suicidality disclosures as attention-seeking maintains stigma perspectives and inhabits appropriate treatment.
PP15	Mr Trent House	University of Sydney	Impact of Remoteness on Incidence of Out of Hospital Cardiac Arrests.
PP16	Mr Evan Jenkins	School of Rural Health, University of Sydney.	The determinants of non-pharmacological low value care in patients with musculoskeletal pain in rural Australia
PP17	Ms Yae Joo Jun	WNSW Local Health District	Palliative radiation therapy in WNSWLHD: evaluating the clinical implications of an easier access model of care

PP18	A/Prof Marjan Khajehei	Westmead Hospital	Childbirth – an emotionally demanding experience: Perinatal education for fathers living in rural areas
PP19	Ms Airlie Kinross	School of Rural Health, University of Sydney.	At the “Heart” of Western NSW: A Cross-sectional, Multi-dataset Analysis of the Practice Incentives Program Measurement of Absolute Cardiovascular Disease Risk Factors
PP21	Mr Tristan Marino	University of Sydney	Barriers and facilitators of Aboriginal and Torres Strait Islander Cultural Competency and Safety in Australian Hospital Emergency Departments: a scoping review.
PP22	Ms Hannah McDermott	WNSW Local Health District	Exercise Physiology in Cancer Care NSW health
PP24	Ms Shenaya Mendis	Western Sydney University	Perspectives of healthcare providers on stroke services in the Bathurst region: A qualitative study
PP25	Miss Alice Morrison	School of Rural Health, University of Sydney.	Out of Hospital Cardiac Arrest Survival Outcomes in New South Wales: A Retrospective Cohort Study
PP26	Mrs Michelle Owens	Charles Sturt University	Paramedic perspectives on cross-border ambulance response: Non-technical skills in high acuity trauma
PP27	Mrs Maryanne Podham	Charles Sturt University	Exploring experiences of rural and remote registered nurses, instigating advance care planning discussions.
PP28	Ms Rachael Price	School of Rural Health, University of Sydney.	Unveiling vCare: A cross-sectional analysis of presenting health complaints of vCare encounters, to advance virtual telehealth understanding and access in Western NSW
PP29	Ms Jess Skelly	Charles Sturt University School of Rural Medicine	Uncovering the prevalence of multi-drug resistant Staphylococcus aureus (MRSA) in rural communities to improve antibiotic treatment outcomes.
PP30	Mr Henry Taubert-Gallagher	School of Rural Health, University of Sydney.	A review of cardiovascular disease absolute risk calculation in Australia: Implications for rural populations
PP31	Ms Madeleine Tropman	School of Rural Health, University of Sydney.	Remoteness in telemedicine: how location affects the patient journey through the vCare tele-emergency & transfer service.
PP32	Dr Brie Turner	on behalf of the Murray-Darling Medical Schools Network Research Collaboration, University of Sydney	Murray-Darling Medical Schools Network: a collaboration to grow our rural medical workforce.
PP33	Ms Hovea Winston	University of Sydney	The long-term influence of simulation and virtual reality training: A qualitative study of FREDeX in Western NSW.